



Seaford North Primary School

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**PARC Swimming Lessons**  
**Grades 2,3&4 Monday 4<sup>th</sup>-Friday 8<sup>th</sup> September 2017**

**Dear Parents/Carers,**

The swimming program for your child will begin on **Monday 4<sup>th</sup> September on consecutive days through to Friday 8<sup>th</sup> September**, and will consist of **5 x 45 minute lessons**. Lessons will take place at **PARC** in Frankston.

Children will receive tuition from qualified swimming instructors in a range of activities to enhance their water safety, stroke technique and survival skills. As this swimming program forms an integral part of your child's overall school program it is recommended that your child attends all sessions. If your child is not able to participate in the program for medical reasons on a particular day, a note explaining the reasons would be appreciated.

**The cost of the 5 lesson program is \$55.00** which must be paid prior to the program commencing. The pool cost billed to the school is non-refundable.

The children will be travelling on "Gus" our School Bus or a hire bus.

**Children will need to bring:**

Bathers; towel; thongs (only to be worn at the pool); a clearly labelled plastic bag to place wet bathers and towel in.

**Please ensure all clothing and the towels are labelled with your child's name.**

If you require any further information about the swimming program, please contact me, your child's teacher or the office at school.

**Enclosed with this letter are information sheets from PARC. Please return the permission form below, together with \$55.00 and the completed information letter on your child's swimming experience.**

**PLEASE ENSURE MONEY AND FORMS ARE RETURNED ON OR BEFORE Friday 25<sup>th</sup> August 2017.**

Stefanie Middleton (Phys. Ed.) & all grade teachers

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## Grades 2,3&4 Swimming Program Term 3, 2017

Name of Child..... Grade..... Money enclosed \$.....

I consent to my child....., taking part in the School Swimming Program commencing on Monday 4<sup>th</sup> September at PARC (Frankston) Swimming Centre and also travelling on a designated bus.

I authorise the teacher in charge of the excursion to consent where it is impracticable to communicate with me, to your child receiving such medical or surgical treatment as may be deemed necessary.

I understand that neither Seaford North Primary School nor D&ET will be involved in any medical expenses. Please state any medical conditions that we should be aware of in relation to your child.

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Emergency tel. no. ....

Has your child suffered epilepsy? YES / NO

Date..... Parent / Guardian.....

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Student Ability Assessment and Enrolment Form

Please complete the following criteria so that we can place your child in an appropriate skill based level. This is a guide only and all children will be assessed on Day 1 of the program.

Details of Child				
<b>Child's Name:</b> (capital letters)	<b>Preferred name:</b>			
<b>School:</b>	<b>Class:</b>			
<b>Name of Parent:</b>	<b>Contact number:</b>			
<b>Email address:</b>				
<b>Medical Conditions:</b>	Please list any eg asthma, eczema, autism, Asperger's etc:			
<b>Signature:</b>				
Skill	Yes	No	Comments	
Is your child currently enrolled in swimming lessons or squad training? If so where and what level are they in? Please indicate below.				
Is your child confident moving around in shallow water?				
Can your child push off on their back independently?				
Can your child retrieve an object off the pool floor?				
Is your child comfortable in deep water?				
Can your child complete freestyle arms with a kickboard?				
Can your child kick on their back with a kickboard?				
Can your child do freestyle side breathing with a kickboard?				
Can your child swim competent freestyle?				
Can your child swim competent backstroke?				
Can your child swim competent breaststroke?				
Can your child swim competent butterfly?				
Can your child swim competent survival strokes?				
How far can your child swim? (please circle appropriate box)	<10	0-25m	25-50m	50m+
<b>Swim School:</b>	<b>Level:</b>			
<b>Other Comments:</b>				