Year 5/6 Canberra Camp
Monday 20th – Friday 24th March 2017

Dear Parents and Guardians,

Camp is fast approach with only 4 weeks to go! Please see the office staff if you wish to enter into a payment plan.

Please read the following information carefully and return the forms by Monday 13th March, 2017. This update includes:

- Confidential medical form (to be completed and returned)
- Special dietary requirements (to be completed and returned)
- Luggage size
- What to bring
- Spending money
- Itinerary (attached)
- Adults attending camp
- Camp Agreement (signed and returned)
- Accommodation
- Permission Form (to be completed and returned)

Confidential Medical Form
Please complete the attached medical form and return to school. Sally-ann Jackson will coordinate all things medical whilst at Canberra. Please label medications with instructions and hand to Miss Jackson on Monday 20th March before departure. Complete form and return by Monday 13th March.

Special dietary requirements
It is vital that we are informed of your child’s special dietary requirements. Please complete this section of the attached form if required. The camp venue caterers need time to make appropriate arrangements and will not accept late requests. Return to school Monday 13th March.

Luggage size
The bus company has kindly sent us the luggage size limits to ensure we travel in comfort and fit everything in the bus. Please read the luggage size information below and ensure that you adhere to the dimension and weight limits – your cooperation is essential and will be valued.

A luggage limit of one Sausage/Sports bag or medium size suitcase plus one school or travel bag applies per person. Sausage/Sports bags are the most suitable luggage for accommodated tours. The school/travel bag is useful inside the coach for day-to-day items. Metal-framed Ruckacks or Backpacks are not accepted.

If using a sausage style bag ensure it is no larger than: - Width 23cm, Height 34cm, Length 48cm

If using a suitcase; ensure it does not exceed the total linear dimensions of 140cm (i.e. length and width and depth) and weight of 15kgs.

Please note that red/white/blue striped shopping bags & cricket bags will not be allowed on the tour. Any luggage that does not adhere to the above measurements & weight may not be accepted by the coach captain due to limited luggage space and weight allowance.

What to bring
Please label all clothing and belongings.
See attached sheet.
Year 5/6 Canberra Camp  
Monday 20\textsuperscript{th} – Friday 24\textsuperscript{th} March 2017

Itinerary  
The confirmed itinerary is attached for your interest.

Camp Agreement  
Read through camp rules, sign and return by Monday 13\textsuperscript{th} March, 2017.

Accommodation  
Ibis Styles Eaglehawk 1222 Federal Highway Service Road Sutton, NSW, 6033

Adults attending camp  
The adults attending the camp will be SNPS staff Tara Williams (coordinator), Sally-ann Jackson, Renee Wise, Jan Edwards, Stuart Lonie and Craig Goudy.

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Special Dietary Requirement Form

<table>
<thead>
<tr>
<th>Name of student:</th>
<th>Special Dietary Requirement/s:</th>
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<th>Grade:</th>
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Canberra Camp Monday 20\textsuperscript{th} March - Friday 24\textsuperscript{th} March 2017

Permission note

I give permission for my child .................................................. of Grade 5/6.............. to attend the Canberra Camp.

I authorise the teacher in charge to consent, where it is not practical to communicate with me, to the child receiving such surgical or medical treatment as may be deemed necessary. I understand that neither the DE and T nor Seaford North Primary School, will be involved in any medical expenses.

Signed: ........................................
Parent/Guardian

Contact Number: ........................................

Date: ........................................

ALL PERMISSION FORMS MUST BE RETURNED BY  
Monday 13\textsuperscript{th} March, 2017
# SEAFORD NORTH PRIMARY SCHOOL

## Year 5/6 Canberra Camp
**Monday 20th – Friday 24th March 2017**

### CAMP ITINERARY

<table>
<thead>
<tr>
<th>Day</th>
<th>Activities</th>
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</table>
| Monday 20th March | 6:45 am - Bus arrives at school to pack luggage  
                    7:15 am - Bus departs  
                    Travel to Canberra via Hume Highway with a stop in Albury, then on to Yass via Barton Highway.  
                    **Bring own recess and lunch**  
                    4:00 pm - Arrive at our accommodation - Ibis Styles Eaglehawk |
| Tuesday 21st March| 8:00 am - Breakfast  
                    9:00 am - Old Parliament House  
                    10:00 am - Morning tea  
                    11:00 am - Electoral Education Centre  
                    12:00 - Lunch  
                    1:30 pm - Mt Ainslie Lookout  
                    2:30 pm - Parliament House  
                    6:00 pm - Dinner  
                    7:30 pm - Indoor Rock Climbing |
| Wednesday 22nd March | 7:30 am - Breakfast  
                        8:30 am - AIS Tour  
                        Recess  
                        10:30 am - National Museum of Australia  
                        Lunch  
                        2:45 pm - Australian War Memorial  
                        Dinner  
                        8:30pm - AIS Swimming |
| Thursday 23rd March | 8:00 am - Breakfast  
                      9:00 am - National Capital Exhibition  
                      10:30 am - High Court  
                      Recess  
                      11:30 am - National Gallery  
                      Lunch  
                      1:30 pm - Royal Australian Mint  
                      3:00 pm - Questacon  
                      6:30 pm - Dinner  
                      Pack bags |
| Friday 24th March  | 6:30 am - Breakfast  
                      Depart for home  
                      5:30 pm - Arrive home |

Please refer to updates on school app for our arrival home.
Confidential Medical Information for School Council Approved Excursions

The school will use this information if your child is involved in a medical emergency. All information is held in confidence. This medical form must be current when the excursion/program is run.

Parents are responsible for all medical costs if a student is injured on a school approved excursion unless the Department of Education is found liable (liability is not automatic). Parents can purchase student accident insurance cover from a commercial insurer if they wish to.

| Excursion/program name: **Canberra Camp** |
| Date(s): **Monday 20th March – Friday 24th March 2017** |

| Student’s full name: |
| Student’s address: Postcode: |

| Date of birth: Year level: |

| Parent/guardian’s full name: |

| Name of person to contact in an emergency (if different from the parent/guardian): |

| Emergency telephone numbers: **After hours** Business hours |

| Name of family doctor: |
| Address of family doctor: |

| Medicare number: |

| Medical/hospital insurance fund: Member number: |

| Ambulance subscriber? □ Yes □ No If yes, ambulance number: |

| Is this the first time your child has been away from home? □ Yes □ No |

**Please tick if your child suffers any of the following:**

- □ Asthma (if ticked complete Asthma Management Plan)
- □ Bed wetting
- □ Blackouts
- □ Diabetes
- □ Dizzy spells
- □ Heart condition
- □ Migraine
- □ Sleepwalking
- □ Travel sickness
- □ Fits of any type
- □ Other:_____

**Swimming ability**

*Please tick the distance your child can swim comfortably.*

- □ Cannot swim (0m)
- □ Weak swimmer (<50m)
- □ Fair swimmer (50-100m)
- □ Competent swimmer (100-200m)
- □ Strong (200m+)
Allergies

Please tick if your child is allergic to any of the following:

☐ Penicillin

☐ Other Drugs: ________________________________

☐ Foods: ________________________________

☐ Other allergies: ________________________________

What special care is recommended for these allergies?

______________________________

Year of last tetanus immunisation:
(Tetanus immunisation is normally given at five years of age (as Triple Antigen or CDT) and at fifteen years of age (as ADT))

Diet

Please indicate any special dietary requirements:

______________________________

Medication

Is your child taking any medicine(s)? ☐ Yes ☐ No
If yes, provide the name of medication, dose and describe when and how it is to be taken.

______________________________

All medication must be given to the teacher-in-charge. All containers must be labelled with your child’s name, the dose to be taken as well as when and how it should be taken. The medications will be kept by the staff and distributed as required. Inform the teacher-in-charge if it is necessary or appropriate for your child to carry their medication (for example, asthma puffers or insulin for diabetes). A child can only carry medication with the knowledge and approval of both the teacher-in-charge and yourself.

Medical consent

Where the teacher-in-charge of the excursion is unable to contact me, or it is otherwise impracticable to contact me, I authorise the teacher-in-charge to:

• Consent to my child receiving any medical or surgical attention deemed necessary by a medical practitioner.
• Administer such first-aid as the teacher-in-charge judges to be reasonably necessary.

Signature of parent/guardian (named above) ________________________________

Date:

The Department of Education requires this consent to be signed for all students who attend government school excursions that are approved by the school council.

Note: You should receive detailed information about the excursion/program prior to your child’s participation and a Parent Consent form. If you have further questions, contact the school before the program starts.
SEAFORD NORTH PRIMARY SCHOOL

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2017

What to Pack

Please note:

♦ All items MUST be clearly labelled with student’s name.

♦ Students require at least one change of clothes per day with extras for activities. (Don’t forget a plastic bag for dirty or wet clothing)

♦ It is suggested that students bring only one bag (soft sided sausage style bag) and a backpack (with recess/lunch on day 1). The small backpack will be taken on the bus by students.

♦ Students need to bring lunch, snack and water on the first day. They may bring a small day pack/bag to carry lunch, hat and coat/jumper.

♦ Parents should ensure that anyone likely to wet the bed provide a waterproof mattress protector, extra blanket and sheets (or sleeping bag).

♦ An important part of lifelong learning is to be responsible with money. It would be terrific if your child could earn some pocket money to take to Canberra. A maximum of $30 is suitable. We will allow students to spend money at appropriate times (for example, at the gift shops at Questacon, AIS and Parliament House). Students will be totally responsible for looking after their own money in a wallet or purse.

♦ Electronic Devices such as IPOD, DS etc. can be brought for use when travelling to and from Seaford on the bus. These items will be collected by staff for the duration of the camp in Canberra. It would be great if some students could bring mini travel games and cards to share and play on the long trip.

Ibis Styles Eaglehawk and Seaford North Primary School do not accept responsibility for loss or damage of personal items.
WHAT TO BRING

☐ Swimmers
☐ Day pack with recess and lunch for Day 1 only
☐ Pyjamas
☐ Jumper
☐ Waterproof Jacket
☐ Shorts
☐ Jeans / Track Pants
☐ Games for the bus trip
☐ Bath towel

☐ Towel for swimming at AIS
☐ Toiletries
☐ Soap / Shampoo
☐ Toothbrush
☐ Comb / Brush
☐ Drink Bottle
☐ Sun Smart Hat
☐ Torch

☐ Comfortable Shoes
☐ Extra Shoes
☐ Sunscreen
☐ Underwear for each day
☐ Socks
☐ Shirts / T-shirts
☐ Plastic bag (dirty or wet gear)
☐ Sunglasses

WHAT NOT TO BRING (THESE ITEMS MUST NOT BE BROUGHT TO CAMP)

☐ Jewellery
☐ Watches
☐ Valuables

☐ Mobile Phones
CAMP AGREEMENT

I agree to collect my child from the camp, or agree to meet the expense of my child being returned to school due to illness, injury or if in the opinion of the teacher in charge there is non-cooperation of any description by my child.

My child and I understand the need for cooperation to ensure a safe and happy camp.

Signatures: ___________________________ ___________________________
Parent/Guardian Child

Important:

Teachers are available at any time during the day or night if you:
- Have a problem
- Want assistance
- Are not feeling well

We are there to help each other have a memorable and safe camp. Please return the signed agreement by Monday 13th March 2017.

Tara Williams

Camp Coordinator